

Kids Club Programs

Programs	Schedule	Location
Childcare 3 months – 15yrs	Monday-Thursday 8:00am-12:00pm 4:00pm-7:30pm Friday 8:00am-12:00pm 4:00pm-6:30pm Saturday & Sunday 8:00am-12pm	Kids Activity Center
Fun Zone 18 month-15yrs	Monday-Thursday 9:00am-12:00pm Friday 9:00am-12:00pm 4:00pm-7:00pm Saturday & Sunday 8:00am-11:00am	Basketball Court
Discounts	Birthday Parties Youth camps LK Program Fees	Contact Sales
Kids Club Classes	Various Times See Schedule for class days and times	Various Locations See Schedule

Little Yoga: Children will have fun exploring the world of Yoga through stretching, movement, imaginative play, music, games, and storybooks. This class finishes up with a relaxing period at the end to calm your little yogi. For ages 2-5.

Fun Zone: Come and jump around in our Jumpy Houses!

Kids Climb: Kids will start by challenging themselves by getting to the top of our 8' rock wall. Slowly they will begin to learn technique and start to conquer our routes.

Wii Class: Wii Sports consists of five separate sports games-tennis, baseball, bowling, golf, and boxing-accessed from the main menu. Wii Fit has roughly 40 different activities, including: yoga poses, pushups, strength, balance, and aerobic exercises.

Homework Club: During this time kids can get help with homework and organize their assignments. The childcare staff will provide a quiet space for kids to stay focused and productive

The Kids Club staff at **Bladium Sports & Fitness Clubs** – Denver is committed to providing you the best possible customer service. Please feel free to contact the Youth Director – **Katie McAdams** with any questions, comments, feedback or concerns - by email @ denverkids@bladium.com or call 303-320-3033 ext 1008